

PRAYING WITH GOD'S HELP
John 14:26-27

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."

God the Holy Spirit lives in every one of His children. (Rom. 8:9). He is our Helper. God, the Holy Spirit, knows what and how to pray and helps us pray as we ought. *"The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."* (Rom 8:26-27)

What should I ask for? How should I approach God? What is his will in this matter? The Holy Spirit can help us know what to pray for, and how to approach the throne of God. For this reason Paul challenges us, *"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints"* (Ephesians 6:18). Pray in the Spirit.

How? First, live being conscious of the Holy Spirit's presence. Second, ask His help as you pray. Third, listen to him. God wants to speak to your spirit by his Spirit. Make time for a conversation with Him today. Get quiet and calm before the Father. Block everything else from your mind and heart. Concentrate on His presence - imagine yourself before Him, and you will be (Psalm 46:10). Pray in the Spirit, and the Spirit will make your prayers powerful. This is the invitation of God.

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