

"UP" LIFTING THOUGHTS

1. **Wake Up !!**

Decide to have a good attitude today. "Today is the day the Lord has made; let us rejoice and be glad in it." (Ps. 118:24)

2. **Dress Up !!**

The best way to dress up is to put on a smile. A smile is an inexpensive way to improve your looks. "The Lord does not look at things the way man looks at them. Man looks at outward appearance; but the Lord looks at the heart." (I Samuel 16:7)

3. **Light up !!**

Light up your life with the Light of The World, Jesus, who said, "Let your light shine before men that they may see....." Matt.5:12)

4. **Stand Up !!**

Stand up for something or you will fall for anything. "Let us not be weary in doing good; for at the proper time, we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good." (Galatians 6:9-10)

5. **Look Up !!**

To the Lord. "My voice You shall hear in the morning, O Lord ...and I will look up." (Psalm 5:3)

6. **Reach Up !!**

For something higher. "Trust in the Lord with all your heart, and lean not unto your own understanding. In all your ways, acknowledge Him, and He will direct your path." (Proverbs 3:5-6)

7. **Lift Up !!**

Your Prayers. God doesn't answer E-mail. He answers Knee-Mail! Whenever you want to talk, He'll listen. "Do not worry about anything; instead pray about everything." (Philippians 4:6)

**Onward and ever upward!
This shall my motto be,
Until I am with the Lord
Who daily strengthens me.**

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